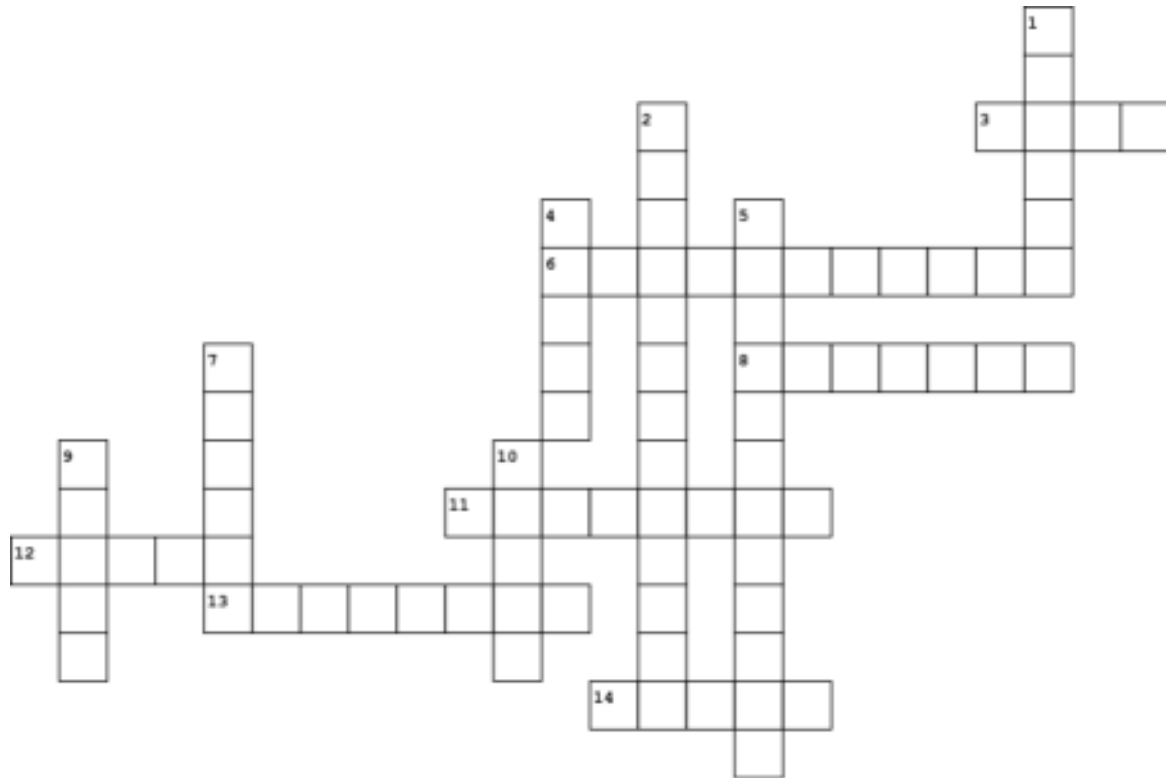


# Quando si cerca di dimagrire

This freeform crossword has the clues in English, but the words to be found are in Italian. Divertiti! 😊



## Across

3. You feel it when you don't have enough to eat
6. Pasta and rice have lots of them
8. You count them carefully
11. It tells you how much you weigh
12. They contain a lot of sugar
13. The desire for food
14. You skip it when fasting

## Down

1. Oil and butter are two types
2. Specialist on healthy eating
4. It's important to keep you hydrated
5. It can be a sugar substitute
7. It gets smaller when you lose weight
9. Activity to keep fit
10. You follow it to lose weight